



# Families Plus

*Give a child a hand up*

2017

## STAFF

**Brenda K. Holland, Ph.D.**  
*Executive Director, Psychologist*

**Betsy Nordstrom, MA, LPC**  
*System of Care Leader*

**Susan Simianer, MA, LPC**  
*System of Care Leader  
Parent Partner Director*

**Patricia Carsten, BA**  
*Parent Partner*

**Tamara Spano, BA**  
*Therapist in Training*

**Toni Pearson, BA**  
*Business Manager*

**Jacob Small**  
*Technology/Administrative Support*

**Kristi Hensley**  
*VISTA/Outreach Coordinator*

**Crystal Schaublin**  
*Parent Partner*



### MENTORING WORKS!

Summer Hood was voted into the Royal Prom Court by her peers in April. She is an A's and B's student with goals for her future.

Summer Hood is making her friends, family, and Families Plus friends very proud.

Even though Summer has experienced a series of difficult and unexpected life changing events over the years, she directs herself forward and achieves. She most recently was invited to

Featured in the photo on the left is Dr. Janet Moore, Sheri Shenk, Summer Hood, Dr. Brenda Holland, Kristie Donathon and Larry Donathan.

take the Delta High School CNA class in her senior year so she has a marketable skill to help pay for her further education.

Her long-time mentor, Sherry Schenk, is most impressed that Summer sets many goals for herself and persists until she achieves them. Summer and Sherry began spending time together when Sherry was a school psychologist in the Delta County school system. Their relationship has always been strong. Sherry is now retired in the Grand Junction area, but her home is Summer's home away from home.

Summer has been involved in the Families Plus program since she was 9 years old. Numerous volunteers and mentors have invested in Summer including Diana Tayir, Ron and Margie Kupcho, Sandra Kupcho, Ardis and Dick Millier, and Iona Bartoziewicz to name a few. Summer has lived with Dr. Janet Moore along with her brother Dylan since 2013. They have become a strong family in their own right along with the two cats and three dogs. When community wraps around children, they are provided for through thick and thin.

## BOARD

Dennis Bollig.....President  
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Al Hale.....Treasurer  
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*Delta County  
Families Plus*



### Family Mentor & Board Member

Connie Berry joined the Families Plus board in 2015, after her retirement from the Forest Service. She is one of Families Plus most recent Family Mentors and is really enjoying her time with her kiddo. Connie is excited about sharing her skills and passion for sewing with someone who shares the same interests. Connie also volunteers as a Pink Lady at the DCMH Oncology Center, for the last two years. Connie is a true example of "paying it forward" and we are honored to work beside her.

### By the Numbers June 2017

270 # of volunteer hours

110 # of therapy hours for kids

**Kindness**

**Love**

**Celebrate**

**Give**



### Welcome to the team

Crystal Schaublin joined the Families Plus staff in May as a Parent Partner. Her role is to work with families to help meet the needs of children in our program. She comes to us with a background in youth services and business management. Her favorite part of the job is having a positive influence on the kiddos she works with. Crystal is a valuable part of Families Plus and we are so thankful for the connections she's making with our kiddos. Her quiet resilience is a huge asset!

### **The Delta Area Chamber of Commerce Business After Hours**

*Families Plus had the delightful opportunity to host the DACC Business After Hours on May 18th. What a fun evening filled with networking, laughter and catching up with our friends and partners in the community. We were able to take advantage of the evening to introduce the NEW Business Community Investors Club. Thank you to everyone that attended, we are thrilled to be a part of the Delta community.*

## **Business Community Investors Club**

***supporting families to partner with the  
community to help children thrive.***

### **Annual contribution:**

**— \$300 Business Community Investor**

**— \$500 Business Community Super Hero**



**Families Plus**  
*Give a child a hand up*



# Thank you!

## Altrusa International of Delta

Thank you Altrusa international of Delta for the children's reading and coloring books, along with the "We Care Bags" filled with essential personal items. The families in our program enjoy all you have given us and we're grateful for the gifts you continue to share.



## Delta Elks Lodge

Families Plus is very thankful to the Delta Elks Lodge for providing \$600 in food to more than twelve families during the month of May. This generous display of support is timely and wonderful during this time of need. When a family is experiencing food insecurity, everything can be a struggle. We are grateful to have a community that offers a hand up during to families that experience moments of limited resources.



## The Binky Patrol

The Binky patrol has brought in special hand crafted blankets for families and children needing extra comfort. Thank you for this loving way to support the Delta community. Your compassion for comfort is a guiding light to everyone around you.



"We make a living  
by what we get,  
but we make a life  
by what we give."

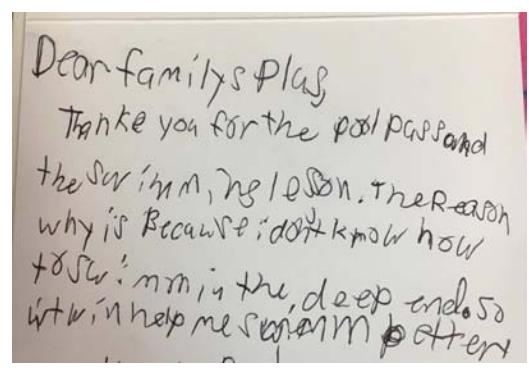
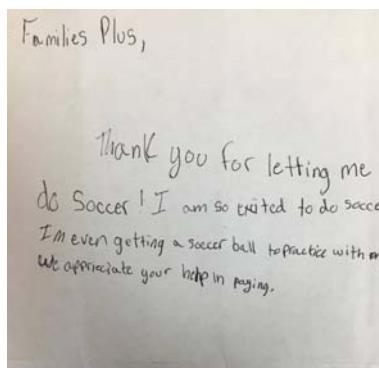
- Winston Churchill

## Several Agencies continue to Lead Integration in Delta County

With the support of a Federal Rural Health Services Outreach grant, Families Plus continues to work together with Delta County Hospital, Stoney Mesa Family Practice, and Delta Health and Wellness Center to bring wraparound treatment to children with complex needs and also to integrate behavioral health care into local medical clinics. Since the beginning of this grant in May of 2015, five area medical clinics have made behavioral health services available to their patients: DCMH Family Medicine, DCMH Primary Care, DCMH Family Medicine Hotchkiss, Stoney Mesa Family Practice, and Delta Health and Wellness Center. In addition, Families Plus has added 40 children into their wraparound system of complete health care and community supports. Delta County is fortunate to have many agencies and individuals that are working hard together at this time to bring immediate and effective behavioral health services to all types of residents.

### Thank you notes from Kiddos!

Through different funding sources Families Plus is able to offer children in our program two opportunities to participate in various activities. Some of the most favorite are, swimming and lessons at Bill Heddles Recreation Center, Soccer, Baseball, Softball and camp programs. We are continually appreciative to be a part of Delta County, a county that supports their children and families.



### Downtown Delta-Fest

Thank you for joining us in this fun celebration of Delta! For more photos find a picture of your family having fun, please visit our Facebook page Delta County Families Plus.





## THANK YOU TO THE FAMILY MENTORS:

Brenda & Mark Anderson

Rodney & Toni Andre

Joel & Ronnie Arrington

Kay Bartlett

Richard & Linda Bell

Dwight & Karen Benson

Connie Berry

Dennis & Mary Bollig

Marla Carlson

Cody & Jesse Davis

Larry Donathan

Alan & Kami Collins

Ken Gates

Thomas Hensley

Jeff & Susie Hirsch

Harry & Pat Masinton

Sherri Polson

Katherine Svenson

Harry & Ruth White

## Make a difference in the life of a child Be a Mentor!

Mentors build positive, life-long bonds with children by giving of their time to support and guide a child living in a family struggling with overwhelming circumstances.

What does a mentor do?

- Meet with your child regularly, allowing them to participate in ordinary activities in your home.
- Provide an emotionally and physically safe place for your child.
- Encourage your child to build on their strengths and offer support on their efforts.
- Provide some good listening so your child can learn to relate their experiences.
- Include your child in family activities like family game night, movies, cooking, and the like.
- Build a long term relationship of support.

Families Plus will give you training and support.

The children and families enrolled in the Families Plus program are facing seemingly impossible obstacles, but every day they get up and tackle those challenges head-on.

We're proud to be a part of their lives. Please join us in celebrating their success!

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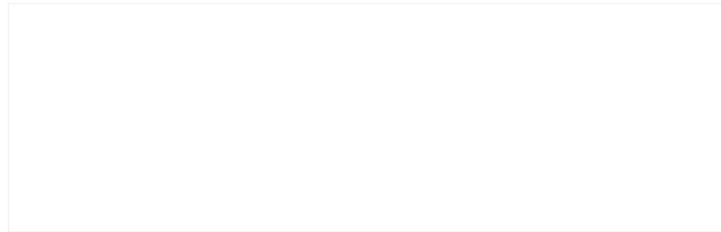
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All contributions are tax deductible.



**Families Plus**  
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To everyone that has given so generously, the Families Plus team appreciates your time, talents, gifts, and financial support.

Thank you!

***OUR FAMILIES, BOARD OF DIRECTORS,  
EXECUTIVE DIRECTOR, AND STAFF***

***You inspire me to do the things I was meant to do!***

## **BECOME A MEMBER OF THE FAMILY!**

- ⇒ Mentor a child/teen
- ⇒ Help in our office
- ⇒ Tutor
- ⇒ Bake
- ⇒ Repairs/Moving
- ⇒ Help with fundraising events

***Be strong, you never know who you're inspiring!***